



A FORM OF PRAYER DURING ISOLATION

to be used alone or with others

Begin by lighting a candle – a reminder of the presence of Jesus, Light of the World.

Christ our life gives light to the world.

The darkness has never put it out.

For God alone, my soul in silence waits:

My hope is from him.

Living Lord, conqueror of death, we remember with gladness how, on the day of your resurrection, you appeared to your disciples in your risen power and said, 'Peace be with you.' Speak that word to our hearts today, O Lord. Lift us above our natural doubts, fears and confusion, and help us to rest in your presence. So may your peace be with us and all for whom we pray, now and for ever. **Amen.**

Suggested Bible readings: Psalms 23, 30, 85, 126; Isaiah 43.1-4a, 18-21; Matthew 11.28-30; Luke 1.68-79; John 12.20-33; John 20.19-20; Romans 8.28-39; 2 Corinthians 5.6-21; Revelation 21.1-7.



A time of reflection, followed by open or silent prayer. We especially pray for our loved ones and neighbours, and all in positions of leadership, in government, science, healthcare, business and education.

The Lord's Prayer: Our Father in heaven...

With all who are in darkness and weariness,
be present, Jesus our Light.

With all who are burdened with responsibility
be present, Jesus our Light.

With all who are in doubt or despair
be present, Jesus our Light.

With all who are in trouble or fearfulness,
be present, Jesus our Light.

With all who are in sickness or weakness,
be present, Jesus our Light.

With all who are frail and at the point of death,
be present, Jesus our Light.

Lord Jesus, light of all peoples – you, who rose again from the dead – come, be among us. Dispel our darkness with your heavenly brightness, that we may walk before you as children of light; to the glory of your name, Father, the Son and the Holy Spirit, one God now and for ever. **Amen.**

Keep us, good Lord, under the shadow of your mercy.

Sustain and support the anxious, be with those who care for the sick, and lift up all who are brought low;

that we may find comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. **Amen.**

May we find in Jesus, the Light of the World, a sure ground for faith, a firm support for hope, the assurance of sins forgiven, and a rest that is eternal. **Amen.**

Other forms of prayer – including the 'Daily Prayer' and 'Time to Pray' Apps – are available via the Church of England website.

